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Andrew Bowman and Colby Bowman: Early Career Steps in Lacrosse

Both Andrew and Colby Bowman are products of Nanaimo's robust lacrosse environment. The following key steps illustrate their development through the local system:

Early Development in Nanaimo Lacrosse Programs

Like many local players, Andrew and Colby began their lacrosse journey at a young age, participating in minor lacrosse programs and local clubs in Nanaimo. Their early exposure laid the foundation for strong skill development in both field and box versions of the game.

High School Competition (Field Lacrosse)

Both players participated in the field lacrosse program at Nanaimo District Secondary School (NDSS). NDSS is known for its comprehensive lacrosse academy, where student-athletes gain competitive experience, learn team fundamentals, and develop the tactical awareness needed for higher levels of play.

Transition to Junior Lacrosse

As their skills matured, Andrew and Colby progressed into the local junior ranks by joining the Nanaimo Timbermen's junior programs. This step is a critical link in Nanaimo's player development pipeline, providing the opportunity to compete against top regional talent in both field and box formats.

Advancement to Senior Box Lacrosse

Their success in junior lacrosse led to call-ups and eventual placements with the senior Nanaimo Timbermen club in the Western Lacrosse Association (WLA). Competing at the senior level not only honed their box lacrosse abilities but also put them in the spotlight for higher-level opportunities, such as regional and even national tournaments.

Exposure to Professional Pathways (Field and Box)

Through their participation in both field and box lacrosse leagues, the Bowmans have benefited from Nanaimo's longstanding tradition of producing talent that reaches professional ranks. While detailed records of individual drafts (such as selections in the National Lacrosse League Entry Draft) Colby was drafted as a goalie for the Calgary NLL team in 2024. The Bowman family's overall reputation is tied to a lineage of competitive play that has led other local players to professional opportunities.

Colby Bowman

Nanaimo lacrosse players that have been drafted by professional lacrosse teams in Canada and the USA

Trio of Senior Timbermen players selected in the 2024 NLL Draft

Three players from the 2024 Nanaimo Timbermen have been drafted into the National Lacrosse League. Team president **Chris Bowman** said the organization is proud to see more and more of its players get the chance to play pro lacrosse.

Goalie Colby Bowman continued his strong play from being a Junior Timbermen and became the starter for the Senior A squad. Bowman had a 3-4-1 record with a 10.13 goals against average. The Calgary Roughnecks added Bowman to their crease 33rd overall. As the team president but also as a father seeing Colby drafted into the NLL was special for the Bowman family. "That Calgary group has won many championships and they're extremely well run. I think it's a great opportunity for him to realize his dream of becoming an NLL goalie." "It's always our goal to help them get there because that's their dream. To see them fulfill that dream is exciting and rewarding for all of us."

Colby Bowman drafted by Calgary Roughnecks of the NLL

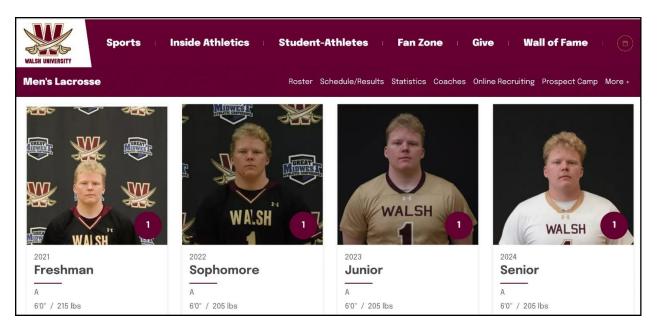
https://www.nll.com/players/1039240/colby-bowman/

Colby Bowman career at Walsh University in Ohio (Scholarship Program)

https://athletics.walsh.edu/sports/mens-lacrosse/roster/colby-bowman/6180

Colby Bowman sets a Walsh University single game scoring record with 8 goals

https://athletics.walsh.edu/news/2024/4/6/mens-lacrosse-strong-3rd-quarterlifts-walsh-in-buffalo.aspx



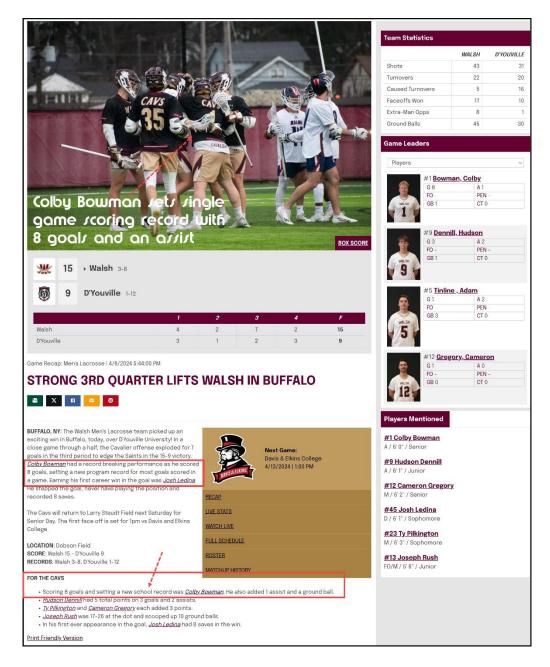
2023: Appeared in 15 games for the Cavs, had 33 goals, and 17 assists.

2022: Played in 14 games for the Cavs, tallied 22 goals, and 6 assists.

2021: Appeared in 13 games during his freshman campaign. Scored 18 goals on the year and assisted in 7, and picked up 14 ground balls. He scored career-high 4 goals in a win over Davis & Elkins. He was named All-Conference Third-Team, awarded G-MAC Offensive Player of the Week after his performance against Roberts Wesleyan.

HIGH SCHOOL: Played attack for the Islanders, two-time team MVP, and four-year honor roll student.

PERSONAL: Born May 28th, 2002. Son of Chris and Joanna Bowman. Studying Business Management.



Andrew Bowman

Andrew at Marquette University Scholarship Program (Milwaukee USA).

HTTPS://GOMARQUETTE.COM/SPORTS/MENS-LACROSSE/ROSTER/ANDREW-BOWMAN/7711

2023-

BIG EAST Freshman of the Week (2/6, 3/20)

2024 (So.): Played in all 14 games and made a pair of starts with six points on five goals and one assist ... Recorded a hat trick against Detroit Mercy (Feb 13) ... Posted two points on a goal and assist against eventual NCAA champion and then-No. 1 Notre Dame (Feb. 18).

2023 (Fr.): Appeared in 11 games and started in two during freshman season ... Finished season with 13 points while posting 11 goals and two assists ... Became the fifth freshman in program history to score multiple goals in first career appearance in his start against Lindenwood (Feb. 4) ... Was named BIG EAST Freshman of the week on Feb. 6 after posting two goals against Lindenwood ... Earned second BIG EAST Freshman of the Week award on March 20 after recording first career hat trick in neutral site win over then-No. 5 Penn State (March 18).

Prior to Marquette: Bowman played lacrosse for six years at Nanaimo District Secondary School under head coach Joel Smith and served as a team captain ... Was team MVP as a senior recorded 18 goals, 25 assists, and 43 points in 14 games played ... Helped lead his school to a 2019 British Columbia Provincial Championship ... Was named his school's men's athlete of the year in 2019-20 and earned MVP of the lacrosse team ... Also earned MVP as a senior in 2022 ... Posted 18 goals and 25 assists for 43 points in 14 games as a senior ... Competed with Team British Columbia for club and earned a 2019 Silver Medal at Canadian National Championships under head coach Ian Radonich ... Played basketball for one year at Nanaimo.

Personal: Bowman was born in Nanaimo, British Columbia and is the son of Chris and Joanna Bowman ... Has an older brother, Colby ... Brother, Colby plays for Walsh University ... Plans to major in business management ... Hobbies include wilderness exploration, hockey, and skiing.

Andrew Bowman: First-year attacker relies on Canadian roots to find community within team

AVA MARES, Assistant Sports Editor •

MARCH 28, 2023 Photo by <u>Katie Craig</u>

Before it was lacrosse and hockey sticks, it was a fishing rod, a hunting rifle and the great outdoors. At least, that was what childhood for first-year attack Andrew Bowman was like.

"Since the age of three or four, my dad had given my brother, Colby and I lacrosse and hockey sticks to play with, but even hunting and fishing was introduced to me before that," Andrew said. "Those two things sometimes play a bigger role in my life than lacrosse." Growing up in Nanaimo, British Columbia, the Bowman brothers were raised on all things outdoors, which included the sport of hockey.



"Colby and I played mostly hockey when we were younger," Andrew said. "In a way, playing too much hockey translated into eventually liking lacrosse more."

When Andrew decided to switch his focus solely to lacrosse, he said the transition was a smooth one.

"The culture of the game is very similar to hockey," Andrew said. "They are two different sports, but still similar at the same time in the sense of game management. Seeing the field is like seeing the ice."

After playing field lacrosse for six years at Nanaimo District Secondary School, two of which he shared the field with his brother, Andrew made the move to Milwaukee to play under Marquette men's lacrosse head coach, Andrew Stimmel.

"The recruitment process was a little bit more unique, him being from Nanaimo, way out west in Canada," Stimmel said. "We recruited him during COVID-19 based off of highlights and watching box and his indoor film and seeing how many points he was scoring. It was a unique process for us to get a hold of him, but the more conversations had with him, we felt like we stumbled upon a kid that was a diamond in the rough and was going to come in and have a great career for us."

Long story short, Andrew committed to play 2,179.3 miles from his home, but he wasn't the first Bowman to head to the states to play collegiate lacrosse.

Colby, a junior student-athlete, plays Division II lacrosse at Walsh University in Ohio.

"It's a lot for us Canadian kids, moving a long way from home," Colby said. "For me, the first couple months were pretty tough considering I'd never been away from home for longer than a weekend, but being able to experience that for two years before Andrew, I was able to let him know that he might have some tough times."

Following in Colby's footsteps was natural and Andrew said the helpful tips were an added plus.

"He (Colby) always said to me, 'The first semester is not going to be an easy thing on you' or 'Mom and dad too, they're going to miss you and we're going to miss each other too,'" Andrew said. "This year, I was able to go down and see him over fall break, then over Christmas break we spent every day together, he's my best friend."

For Andrew, his older brother's influences range far beyond life lessons and lacrosse.

"I pretty much have looked up to him my whole life," Andrew said. "He is my role model; his leadership has helped me get through everything. He helped me to where I am now." As a true first-year, Andrew has made his presence known on the field. After taking down then-No. 5 Penn State, where Andrew posted his first career hat trick, he earned Big East Freshman of the Week on March 20. "He's definitely not the loudest guy on the team, that's for sure, but he's a heck of a competitor and even though he doesn't say much, that's shown in how hard he plays," Stimmel said. "Some of the plays he is willing to make, especially on the inside, where you're going to get hit and you're going to take some shots from the defense, he's always willing to do that. That's just who he is."

Off the field, Andrew has found a piece of his outdoorsman side within his fellow teammates.

"I've been fortunate enough to have become really good friends with Devon Cowan, who's definitely had a similar situation where he'd grown up hunting and fishing," Andrew said. "I was lucky enough to go out to his farm with him in Kansas over Thanksgiving, which was super cool. Now, we try to get outdoors as much as we can outside of lacrosse and school."

Now that Andrew resides in what seems like a concrete jungle, he said the biggest change is in perspective. "Sometimes being in the city is a big change for me, but it's also become a different way of looking at life now, and Milwaukee has shown me that you can be in the city and still get out and have fun," Andrew said. Though the terrain of the Midwest varies from that of British Columbia, Andrew said it's the values of hunting and fishing that never change, no matter where you are.

"A lot of things I've learned, have been through hunting and fishing, which follow the main theme of hard work," Andrew said. "Nothing in hunting, nothing in fishing is ever given to you, you've got to work for it. Taking that value into lacrosse, I've discovered that you must go and earn what's there and keep continuing to work hard."

A note to Andrew from Colby:

"I am so proud of what you've done so far in such a short amount of time at Marquette. You're one of my best friends, so to see all the hard work that is finally starting to pay off at the highest level, makes me really proud of to say you're my brother."

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Chris Bowman's Role in the Nanaimo Lacrosse Community

https://www.tmen.ca/news/trio-of-senior-timbermen-players-selected-in-nll-d



Chris Bowman is a well-respected and central figure in Nanaimo lacrosse. His contributions include:

Executive Leadership of the Nanaimo Timbermen

As the long-time president (and an executive leader) of the Nanaimo Timbermen, Chris Bowman is responsible for the overall management, operations, and strategic direction of one of the region's premier box lacrosse clubs. His leadership helps ensure that the club maintains a strong competitive profile in the WLA.

Talent Development and Player Pathways

Chris is deeply involved in identifying, mentoring, and retaining local talent. His work with the Timbermen includes guiding players through the progression from minor and high school levels (often at NDSS) to junior and then senior competition. This commitment has helped many local athletes, including members of his own family, transition to elite levels of play.

Community Engagement and Advocacy

Beyond his club responsibilities, Chris Bowman plays an important role in fostering a vibrant lacrosse culture throughout Nanaimo. He is known for actively supporting events, facilitating relationships with regional lacrosse associations, and promoting the sport in the community. His dedication helps secure local support, sponsorship, and opportunities that benefit all levels of the sport—from grassroots to professional.

Family Legacy in Lacrosse

As the father of Andrew and Colby Bowman, Chris not only provides leadership off the field but also serves as a mentor and role model for his sons. His personal involvement and long-standing commitment to Nanaimo lacrosse have been a key influence in their development and continued passion for the game.

In Summary

- Andrew and Colby Bowman have followed a classic pathway for Nanaimo lacrosse talent: starting in local minor programs and NDSS field lacrosse, progressing through the junior ranks with the Nanaimo Timbermen, and advancing to senior box lacrosse in the Western Lacrosse Association. Their development in both field and box formats exemplifies the integrated player pathway available in Nanaimo.
- **Chris Bowman** is the linchpin of this system. As a club executive and community advocate, he not only manages the Nanaimo Timbermen but also nurtures local talent, ensuring that players (including his sons) receive the support and opportunities needed to succeed at higher levels—even paving the way toward professional careers.

Together, the Bowman family represents the depth of Nanaimo's lacrosse tradition, demonstrating how sustained community involvement and effective player development can produce athletes who excel across multiple lacrosse disciplines.

NLL draft of Nanaimo Lacrosse Players

Some of the Nanaimo lacrosse players drafted by NLL teams, including Ethan Ticehurst, Justin Geddie, Dylan Foulds, Isaac Bot, Kelson Borisenko, Chase Fraser, Brody Eastwood, Mason Pynn, Taylor Stuart, and Scott Ranger.

Below is a list of notable Nanaimo lacrosse players—many coming through the Nanaimo Timbermen system—who have been selected in professional lacrosse drafts (primarily the National Lacrosse League, the top professional box lacrosse league in North America):

Scott Ranger

- A native of Nanaimo, Ranger was taken 7th overall in the 2003 NLL Entry Draft by the San Jose Stealth. His career in the NLL included time with the Calgary Roughnecks, and he later became a standout in the Western Lacrosse Association.

Chase Fraser

- Fraser, who played junior lacrosse with Nanaimo's Timbermen, was drafted 13th overall in the 2017 NLL Entry Draft by the Buffalo Bandits. He has since developed into a key professional player and currently competes with the Bandits.

Brody Eastwood

– Selected 26th overall in the 2016 NLL Draft by the Calgary Roughnecks, Eastwood is one of the Timbermen alumni who has made the jump to the professional game.

Mason Pynn

– Drafted 30th overall in the 2016 NLL Draft by the Saskatchewan Rush, Pynn is another Nanaimo Timbermen product who advanced from junior ranks to the pro level.

Taylor Stuart

– Taken 35th overall in the 2016 NLL Draft by the Colorado Mammoth, Stuart has represented Nanaimo at the professional level after a standout junior career.

Ethan Ticehurst

– In the 2020 NLL Draft, Ticehurst was selected 20th overall by the Calgary Roughnecks. His selection underscored the strength of Nanaimo's lacrosse development programs.

Justin Geddie

– Also part of the 2020 NLL Draft class, Geddie was picked 32nd overall by the Calgary Roughnecks. A product of the local Timbermen system, his goaltending skills have earned him professional recognition.

Dylan Foulds

– Foulds was selected 35th overall in the 2020 NLL Draft by a Philadelphia-based team. His inclusion in the draft highlights the continued production of talent from Nanaimo lacrosse.

Isaac Bot

– Drafted 55th overall in the 2020 NLL Draft by the Vancouver Warriors, Bot is among the recent Nanaimo players making the leap into the professional ranks.

Kelson Borisenko

– Selected 64th overall in the 2020 NLL Draft by the Saskatchewan Rush, Borisenko is another example of the strong talent emerging from the Nanaimo lacrosse community.

Summary

These players represent a cross–generation of talent from Nanaimo. Several came through the Nanaimo Timbermen organization—known for its strong local development—and were subsequently chosen in various NLL drafts, joining professional rosters in Canada and the USA. Their successes underscore the robust lacrosse culture in Nanaimo and the region's role in developing players who compete at the highest levels.

Additional articles from local outlets such as *Nanaimo News Bulletin* and *The Lounge 99.9* have frequently highlighted these draft selections, further affirming Nanaimo's reputation as a fertile ground for professional lacrosse talent.

In addition to Colby Bowman; Jacob Power and Caleb Creasor were drafted by the NLL in 2024

Transition specialist Jacob Power was chosen twelfth overall by the San Diego Seals. His WLA season was cut short due to injury with two goals in seven games. Bowman said Power has both the ability to pick off passes and score in transition. "He just needs to be healthy and I think San Diego will be a great fit."

Caleb Creasor was a WLA rookie in 2024 and suited up for all 18 games.

He was chosen 72nd in the NLL draft by the Saskatchewan Rush.

Creasor had six points for Nanaimo and adjusted very well to playing out the back gate in Senior A lacrosse.

"I think Caleb can go to Saskatchewan and step in right away and be a 10-12 year NLL defender," Bowman said.

Also drafted was former Junior A captain Arthur Miller, 43rd overall to San Diego.

Miller played on the Junior Timbermen from 2018-2022 where he had 144 points in 54 games.

With the Mann Cup coming West in 2025 Bowman said Nanaimo, like all WLA teams, has begun talking to players already.

"We're also preparing for the draft early next year. We had a bit of an off year but our players got a year of experience under their belt and we're going to get two superstars back who were injured last year in Will Johansen and Ryan Sheridan."